



Arthritis Formula

DESCRIPTION

Arthritis Formula, available exclusively from Medical Wellness Associates, is a synergistic blend of vitamins, herbs and other nutrients designed to support joints and muscles.

FUNCTIONS

Arthritis is a disease of the joints, causing pain, swelling and inflammation. While there are many types of arthritis, one of the most common, osteoarthritis, afflicts many people as they get older. As joints age, degeneration of the cartilage and protective tissue can occur, causing pain and inflammation.

The ingredients in **Arthritis Formula** are designed to help the body maintain proper joint function and reduce inflammation in the body.

- **Vitamin C** is a powerful antioxidant that plays an essential role in the creation of collagen and glycosaminoglycans which are the building materials of all connective tissues, including skin, tendons, joint cartilage and bone.
- **Manganese** and **Copper** both play essential roles in the creation of the antioxidant enzyme superoxide dismutase (SOD). SOD is a key antioxidant enzyme that destroys harmful free radicals. Both minerals also are essential for the creation of connective tissue.
- **Glucosamine** and **Chondroitin** are natural components of connective tissue that provide resiliency, load distribution, shock-absorbing, compressive and lubricating properties to aging and worn joints.
- Sulfur, the mineral found in **methylsulfonylmethane (MSM)**, is an indispensable element in human nutrition and is needed by the body for the structural integrity and function of almost every protein in the body, as well as playing crucial roles in joint and connective tissue function.
- **Astaxanthin**, a natural carotenoid, may play an important role in the moderation of inflammation. Human studies also have reported its usefulness in maintaining normal joint and

connective tissue structure and function.

- **Hyaluronic acid** forms large, bulky molecular chains that allow joints to move smoothly and provides a cushion between aging joints.
- Resveratrol, from **Polygonum cuspidatum**, can help positively modify the body's inflammation process, playing a major role in joint health.
- Preparations of the **Boswellia** plant have been used in traditional Indian medicine for joint health for hundreds of years, with its usefulness attributed to helping reduce inflammation in the body.
- Curcumin is the yellow pigment contained in **turmeric** (*Curcuma longa*), a popular culinary spice from India. In addition to imparting a characteristic color and flavor to foods, curcumin has potent antioxidant properties and beneficial action on joint health.
- **Sea Cucumber** contains chondroitin and other cartilage building ingredients to support joint health.
- The tubers of **Devil's Claw** are rich in iridoid glycosides, in particular harpagosides. The harpagosides benefit connective tissue metabolism by supporting natural immune response to inflammation.
- **Bromelain** is obtained from the lower stems of the pineapple plant. It is a combination of enzymes that have shown to support healthy inflammatory response. Its enzymatic activity may reduce the discomfort associated with injuries and aging joints.
- **Boron** is a trace element which influences calcium and magnesium metabolism and plays crucial roles in bone and joint health.

INDICATIONS

Arthritis Formula may be a useful dietary supplement for individuals wishing to support joint health.

FORMULA (#99375)

4 Capsules Contain:

Vitamin C (ascorbate)	125 mg
Copper (as copper salicylate)	1.5 mg

(continued on reverse)

Manganese (as manganese sulfate)	4	mg
Glucosamine HCl	1,500	mg
Methylsulfonylmethane (MSM®)	500	mg
Astaxanthin complex	500	mcg
Hyaluronic acid complex	1	mg
Polygonum cuspidatum	500	mcg
(providing resveratrol)		
Boswellia extract (standardized)	300	mg
Chondroitin Sulfate	250	mg
Standardized Turmeric Extract	200	mg
Sea Cucumber	50	mg
Standardized Devil's Claw	25	mg
Bromelain	10,000	mcu
Boron (as boron citrate)	1	mg

SUGGESTED USE

Adults take 4 capsules daily or as directed by physician.

STORAGE

Store in a cool, dry place, away from direct light.
Keep out of reach of children.

REFERENCES

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**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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