

ULTIMATE SPORTS & ENERGY for MEN & WOMEN Multi-Vitamin & Mineral

DESCRIPTION

Ultimate Sports & Energy for Men and Women is a synergistic and comprehensive combination of vitamins, minerals, enzymes, herbals, and other nutrients, carefully formulated and specifically designed to support energy metabolism during sport and exercise.

FUNCTIONS

Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body's structure as well as the optimum functioning of its various systems, including energetics. Ultimate Sports & Energy for Men and Women has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in energy production, antioxidant protection and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Ultimate Sports & Energy for Men and Women offers intensive support for the healthy functioning of the body in general, but also a blend of herbs and additional nutrients specifically formulated to offer additional fortification of the body's defenses against oxidative assaults to the structure and function of our body's metabolic processes including energetics. Scientific research has shown that exercise-induced oxidative damage to the structure and function of the body's tissues can be attenuated by the various nutrients included in Energy/Sports Formula™ such as vitamin E, vitamin C, N-acetyl-cysteine, and gamma oryzanol. Ginseng may help sustain muscle function during some sport activities. Additionally, citrus bioflavonoids, vitamin E, vitamin C, zinc, and selenium provide potent antioxidant protection to maintain the healthy structure and function of blood vessels supplying oxygen and nutrients to exercising muscles.

INDICATIONS

Ultimate Sports & Energy for Men and Women may be a useful dietary supplement for those who wish to maintain the healthy functioning of their bodies while undergoing the stresses of physical exercise.

Four Tablets Contain:

Vitamin A	20,000 IU
(25% as Vitamin A Palmitate/75% [15,000 IU as Beta-Carotene])	
Vitamin C (Ascorbic Acid).....	1,000 mg
Vitamin D-3.....	50 IU
Vitamin E (as d-alpha tocopheryl acetate)	200 IU
Thiamine (as Thiamine HCl)	50 mg
Riboflavin.....	25 mg
Niacin/Niacinamide.....	120 mg
Vitamin B-6.....	25 mg
(as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	
Folic Acid	800 mcg
Vitamin B-12.....	100 mcg
Biotin.....	300 mcg
Pantothenic Acid	150 mg
(as d-Calcium Pantothenate)	
Calcium.....	300 mg
(from Calcium Citrate/Ascorbate/Carbonate Complex)	
Magnesium.....	300 mg
(from Magnesium Aspartate/Ascorbate/Oxide Complex)	
Zinc (from Zinc Aspartate/Krebs/Oxide Complex)	20 mg
Selenium.....	200 mcg
(Organic Selenium from Krebs† Cycle.....and Kelp)	
Copper.....	2 mg
(from Krebs cycle) Manganese.....	15 mg
(from Manganese Aspartate/Sulfate Complex)	
Chromium.....	200 mcg
(Organically bound with GTF activity-low allergenicity)	

Molybdenum.....	50 mcg
(from Molybdenum Krebs†)	
Potassium.....	75 mg
(from Potassium Aspartate/Chloride Complex)	
Choline (from Choline Citrate/Bitartrate)	20 mg
Inositol	25 mg
Citrus Bioflavonoid Complex	100 mg
PABA (para-Aminobenzoic Acid)	50 mg
Vanadium (from Vanadium Krebs†).....	25 mcg
Boron.....	1 mg
(from Boron Aspartate/Citrate Complex)	
Trace Elements	100 mcg
(from Sea Vegetation)	
Energy/Sports Proprietary Blend.....	500 mg
Ginseng (root) (Panax ginseng), Sarsaparilla (root) (Smilax officinalis), L-Aspartic Acid, Octacosanol, Betaine HCl, Royal Jelly, Gamma Oryzanol (Rice Bran Oil), n-dimethylglycine (DMG), L-Carnitine, Inosine, N-Acetyl-L-Cysteine, L-Methionine and Glutamic Acid	

SUGGESTED USE

Adults take 4 Tablets daily with meals or as directed by a healthcare professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.